

## 2016 NL Skating Academy – Pre Junior Information Sheet

### Options (Weeks 1-6)

#### **Pre Junior Option A (5 days per week)**

##### **Sample Daily Schedule**

45 min On-Ice Session

45 min Off-Ice Class

#### **Pre Junior Option B (3 days per week) \*your choice of days.**

##### **Sample Daily Schedule**

45 min On-Ice Session

45 min Off-Ice Class

\*See main page for a full detailed schedule

### Costs

**Pre Junior Option A - \$110 per week**

**Pre Junior Option B - \$75 per week**

**\*Discounts are applied per week as more weeks are added**

Please direct all inquiries to Lori Brett, [skating@sportnl.ca](mailto:skating@sportnl.ca) or 709-576-0509.